28th Annual Davie County Senior Games April 6 - June 3, 2021

Important Dates

Registration Deadline: March 19, 2021

SilverArts Turn In Date: May 25, 2021 - 1:00pm - 2:00pm

Registration Fees

\$12 registration fee includes t-shirt, opening and closing ceremonies, and many events.



*Davie County Senior Games are open to any resident of Davie County who is 50 years of age or better

For more information, contact Davie County Senior Services at 336-753-6230.

General Information

Eligibility

To be eligible to participate you must be 50 years of age or better on or before December 31, 2021 and be a resident of Davie County 3 or more consecutive months of the year.

Age Categories

A participant's age on December 31, 2021 determines the age category in which they will compete. Men and women compete in separate categories in five-year age increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

Awards

Official gold, silver, and bronze medals will be presented to the 1st, 2nd, and 3rd place men and women's finalist in each category of Senior Games & SilverArts events.

COVID-19 Considerations

Events this year will be a combination of in-person and "on your own" activities. All in-person events will be conducted in a socially distanced manner. Masks (and sometimes gloves) are required at all times.

On Your Own Events

Events done "on your own" will need to be scored using official Senior Games scoresheets. These will be provided by Senior Services upon request. All participants must agree to complete their activities with integrity and sportsmanship and report their results honestly.

State Finals

Due to the COVID-19 pandemic, local games participants who complete their sport event(s) and score - whether it be virtual or in-person - will qualify for State Finals. 1st, 2nd, and 3rd place winners in Heritage and Visual Arts, 1st and 2nd place winners in Literary Arts, and one representative in Performing Arts are eligible. If participants choose to go to State Finals, they are responsible for completing the proper paperwork, as well as their own registration, accommodations and transportation.

This program is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.

Event Locations

Bermuda Village 142 Bermuda Village Drive, Bermuda Run, NC

Carolina Bible Camp 1988 Jericho Church Road, Mocksville, NC

Cooleemee Recreation Center-Zachary House 131 Church Street, Cooleemee, NC

Davie County Community Park 151 Southwood Drive, Mocksville, NC

Davie High School 180 War Eagle Drive, Mocksville, NC

Davie County Senior Services 278 Meroney Street, Mocksville, NC

Davie Family YMCA 215 Cemetery Street, Mocksville, NC

Official Entry Form

Registration Deadline: 4:30 PM, March 19, 2021 (Please print)

Name:				
Address:				
City:	State:		Zip:	
Date of Birth:		Gender:		
Home Phone:		Cell Phone:		
Email Address:				
T-Shirt Size (check one) :				
☐ Small ☐ Medium ☐ Large (T-shirt will be distributed at opening Services following that event)				
My Ethnicity (Please provide this info	ormation to help ι	ıs. It will be kept confi	dential. Thank you!):	
☐ Black or African American	☐ American	Indian or Alaska	Native	
☐ Asian ☐ Hispanic ☐ Nati	ve Hawaiian	or other Pacific I	slander	
☐ White ☐ Unknown/Ref	fused			
Emergency Contact:				
Emergency Phone:				
Relationship to you:				
Davie County	Senior Game	es Sponsored By	•	
Humana	davie county ENIOR ervices	PARKS		

Liability Waiver

Required for all participants

In consideration of being allowed to participate in any way in Davie County Senior Games athletics/sports program, SilverArts, and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- The risk of injury from the activities involved in this program is significant including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist
- I am in good physical condition to participate in the activities checked on the pages of this entry form
- I assume all risks attendant upon my participation in these events; and I waive and release any and all rights, liabilities, and claims against Davie County Senior Games, Davie County Senior Services, the County of Davie and all their coordinating agencies, owners and leasers of premises used to conduct the event, sponsors, any person(s) connected with the event, for any accident or injury that I sustain while participating, from any injuries or possible infection from communicable diseases and pandemics, as well as claims, demands, losses or damages against property and economic losses
- I give permission for free and unrestricted use of my name and picture in broadcasts, telecasts, or other written account of the event.
- I give my permission for a physician to attend me if it is deemed necessary during my participation in the 2021 Davie County Senior Games.
- I meet the eligibility requirements as stated in the general information section.
- I agree to follow all rules regarding social distancing, mask-wearing, and glove-wearing. I understand that if I do not follow rules I will be disqualified from that event.

If participating as a heritage, visual, performing, and/or literary artist, I acknowledge, appreciate, and agree that:

- My entry is my original artwork created after I was 50 years of age, and within the last two years, and that this work has not been entered in prior SilverArts competition.
- I waive and release any and all rights, liabilities, and claims against Davie County Senior Games, Davie County Senior Services, the County of Davie and all its coordinating agencies, owners and leasers of premises used to conduct the event, sponsors, any person(s) connected with the event, if any damages occurs to my artwork.
- I am responsible for picking up my entry/entries from **Davie County Senior Services on May 27 by 3:00pm.** If I fail to claim my artwork, I will not hold Davie County Senior Games responsible for its safe keeping.
- Regarding performing arts entries in the Davie County SilverArts, my entry will be judged at the local level, and may
 or may not qualify for North Carolina State Finals (depending on judge's scoring).

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

STATE FINALS: I understand that it is <u>my</u> responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be <u>received</u> in the NCSG office in Raleigh by 11:59 p.m. on August 1! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

PRINTED NAME SIGNATURE DATE

Please check events in which you would like to participate:

Track & Field Events (On Your Own)	Individual Events (In-Person)	Archery (On Your Own)	
☐ 50 Meter Dash	☐ Basketball Shoot	☐ Conventional recurve w/site	
□ 100 Meter Dash	☐ Football Throw	☐ Recurve w/site-release aid	
☐ 200 Meter Dash	☐ Softball Throw	☐ Recurve bare bow	
☐ 400 Meter Dash	☐ Spincasting (*Local Only)	☐ Compound w/site-release aid	
□ 800 Meter Run	Individual Events	☐ Compound bare bow	
☐ 1500 Meter Run	(On Your Own)	☐ Compound site	
□ 5K Run	□ Golf	Tournament Sports	
□ 10K Run	☐ Mini-Golf	(In-Person)	
□ 1500 Meter Race Walk	Cycling (Upright & Recumbent)	☐ Bocce - Gloves required	
☐ 5K Race Walk	(On Your Own)	☐ Cornhole - Gloves required	
☐ 1500 Meter Powerwalking	□ 1 Mile	☐ Croquet - Gloves required	
☐ 5K Powerwalking	□ 5K	☐ Horseshoes - Gloves required	
☐ 1 Mile SilverStriders Fun Walk	□ 10K	☐ Shuffleboard - Gloves required	
Track & Field Events	Bowling Events	Pickleball	
(In-Person)	(On Your Own)	(In-Person)	
☐ Discus	☐ Singles	☐ Singles	
☐ Shot Put	□ Doubles	□ Doubles	
☐ Running Long Jump	Partner's Name	Partner's Name	
☐ Standing Long Jump			
	☐ Mixed Doubles	☐ Mixed Doubles	
	Partner's Name	Partner's Name	

SilverArts	Ceremonies
Please complete attached information sheet corresponding to your entry	□ Attending Opening Ceremony # Additional Guests (\$6.00 per additional guest) - Open only to Senior
□ Cheerleading	Games participants and paid guests
☐ Heritage Arts	☐ Attending Senior Games Closing Ceremony and SilverArts Follies
□ Literary Arts	# of Additional Guests
☐ Performing Arts	(\$6.00 per additional guest) - Open only to Senior
□ Visual Arts	Games participants and paid guests

Masks will be required for all in-person activities. Disposable gloves (provided by Senior Services) will be required for all events indicated above. Participants must stay at least 6 feet apart while participating in events and/or waiting your turn to participate. In some instances participants will be required to wait in their cars. Failure to follow these safety protocols will result in disqualification for that event. Senior Services reserves the right to change in-person events and/or safety protocols as dictated by local, state or national guidance.

Payment Due				
\$12.00				
\$				

SilverArts Entry Form

- All Visual Arts and Heritage Arts entries must be dropped off at Davie County Senior Services between 1:00 -2:00pm on Tuesday, May 25, 2021.
- All Literary Arts entries must be submitted to Davie County Senior Services no later than 2:00pm on Tuesday, May 25, 2021.
- Entries must be picked up from Davie County Senior Services on Thursday, May 27 by 3:00pm.
- Wrap/package artwork to prevent damage! Davie County Senior Games is not responsible for damages.
- Entries must be the original artwork of the artist, must be a work created after the artist is age 50, must have been completed within two years of the local games' qualifying date, and must never have been entered in prior SilverArts competitions.
- Please refer to page 11 for specific category requirements prior to submitting your entry. Entries will not be accepted unless they meet these requirements.
- For Heritage and Visual Arts to qualify for State Finals you must place 1 3 in the local games.
- For Literary Arts to qualify for State Finals you must place 1 2 in the local games.
- For Performing Arts, the best in show winner only is eligible for State Finals.

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Sub-category and Title of Entry

Check all categories in which you are participating. You may only submit one entry per sub-category. You must use a <u>separate</u> Information Form for each entry. Entries incorrectly categorized by you and not in compliance with NCSG Guidelines and Requirements will not be displayed or considered in the judging process at Davie County Senior Games.

(*) Indicates event not offered at NC Senior Games State Finals ___ Pottery (thrown & hand built) ___ Tole/Decorative Painting Basket Weaving Crocheting Quilting (hand stitched) Weaving Quilting (machine stitched) Jewelry Woodcarving ___ Stained Glass ___ Woodturning Knitting Needlework Tatting (*) Woodworking **TITLE OF ENTRY** (Required for display card): Brief Description of Entry (subject, color, etc.): NOTE: Please check page 11 for size restrictions SIZE (Required): NOTE: Please check page 11 for weight restrictions WEIGHT (Required): **Is your entry a set?** Yes No If yes, # of pieces in your set? Maximum 3 pieces

Literary Arts

Sub-category and Title of Entry

Check all categories in which you are participating. You may only submit one entry per sub-category. You must use a <u>separate</u> Information Form for each entry. Entries incorrectly categorized by you and not in compliance with NCSG Guidelines and Requirements will not be displayed or considered in the judging process at Davie County Senior Games.

Essay (not autobiographical) - 8 pages maximum
Life Experiences (autobiographical) - 8 pages maximum
Poem - 40 lines maximum
Short Story (fiction) - 8 pages maximum
(Required for display card):

IMPORTANT INFORMATION

TITLE OF ENTRY

- Entries must be typed in 10 point or larger readable font (suggest Time New Roman or Arial), must be double spaced on 8-1/2 x 11 paper, and must have a minimum of 1" margins.
- Entries <u>must</u> have a <u>separate</u> **Title Page** that includes title of entry, sub-category, and name of artist. The title page is <u>not</u> included as a part of the 8-page maximum.
- Name of artist must <u>not</u> appear on any content pages (only on the title page, please).

Visual Arts

Sub-category and Title of Entry

Check all categories in which you are participating. You may only submit one entry per sub-category. You must use a <u>separate</u> Information Form for each entry. Entries incorrectly categorized by you and not in compliance with NCSG Guidelines and Requirements will not be displayed or considered in the judging process at Davie County Senior Games.

(*) Indicates event not offered at NC Senior Games State Finals Mixed Media ___ Photography - Film Acrylics Card Making (*) Oil Scrapbooking (*) Pastels Sculpture Coloring (*) ___ Photography - Digital ___ Watercolor Drawing **TITLE OF ENTRY** (Required for display card): Brief Description of Entry (subject, color, etc.): SIZE (Required): NOTE: Please check page 11 for size restrictions WEIGHT (Required): NOTE: Please check page 11 for weight restrictions Is your entry a set? Yes No If yes, # of pieces in your set? Maximum 3 pieces

Performing Arts

Only 1 Information Form is required for each group/act. Please place a check by the same SilverArts category on your Entry Form page 6. Please remember that each individual member of your group/act must submit their own individual Entry Form and be registered for Davie County Senior Games. Keep a copy of this form for your records.

PLEASE PRINT CLEARLY
NAME OF ACT:
NAME OF GROUP LEADER/SOLO PERFORMER:
NAMES OF ALL PEOPLE IN GROUP:
MANUES OF ALL FLOT LL IN GROOT:
SUB-CATEGORY (only one entry per category)
Acts incorrectly categorized and not in compliance with NCSG Guidelines and Requirements will not be judged or allowed to perform. An artist may only have one (1) entry per size of Act in each sub-category.
Comedy/Drama Vocal Dance Line Dancing Instrumental
SIZE AND LENGTH OF ACT
Number of individuals in act: (An accompanist other than soloist must be counted to determine size of act).
Solo Small Group (2-4) Large Group (5 or more)
Length of Act (3 minutes maximum/be precise!): Minutes; Seconds.
Exceeding time limit will result in automatic disqualification. Timing begins when the first note of music or the first movements are visible to the audience and ends with the final not of music or movement of the act.
MUSIC
Title of music for performance (if applicable):
Will recorded music be used as part of the Act? No; Yes
Music must be a high-quality CD. No recorded instruction is permitted (including square dance calls). This should be the only track on the CD. Please label your music with the name of your act and the group leader/solo performer's name.
EQUIPMENT AND PROPS
Senior Services can provide the following items only. Please specify what you need. Sound system with microphones (up to 3 microphones); Piano; Chairs # needed Will you have other props: Yes No If Yes, please specifiy

*All performing arts entries must be recorded. Groups must practice social distancing (stay at least 6 feet apart at all times and no touching) and wear a mask at all times during performance. Individual performances do not require a mask. Failure to follow these safety protocols will result in disqualification. You may make your own recording or Senior Services can assist you. If you need Senior Services staff to record, you must set up an appointment no later than May 17, 2021.

Recordings are due by May 25 at 2:00pm.

Cheerleading

The **Head Cheerleader** should complete this form. Please place a check by the same SilverArts category on your Entry Form page 6. Please remember that each individual member of your group must submit their own individual Entry Form and be registered for Davie County Senior Games. Only 1 Information Form is required for each group. Keep a copy of this form for your records.

- Choreography of cheers must follow traditional format -- to "lead" a cheer (i.e. speak in rhythmic patterns) or to present a pom-pom or flag routine. Skits, songs, and square, circle or round dances are not considered a "cheer" and may be appropriate for the SilverArts Follies.
- If cheerleaders are using music and/or props as part of their routine the group must have an
 individual (not in the routine) to assist the sound technician with cueing the music and quickly
 setting up and removing the props from the performing area/stage. Props should be small,
 lightweight and easy to quickly set up and remove.
- For Cheerleading, the best in show only winner is eligible for State Finals.

PLEASE PRINT CLEARLY

NAME OF GROUP:			
NAME OF HEAD CHEERLEADER			
NAMES OF ALL PEOPLE IN GRO	OUP:		
SIZE CATEGORY:			
Number of Cheerleaders in squad t	for Local Games (required):		
Small Group (2-4)	Medium Group (5-9)	Large Group (10	or more)
Will recorded music be used as ہ	part of the routine?	_ No; Yes	
Music must be a high-quality CD. N This should be the only track on the group leader/solo performer's name	e CD. Please label your music		
Title of Music:			
Length of Act (4 minutes maximu	<i>um):</i> Minutes;	Seconds	

All cheerleading routines must be recorded. Groups must practice social distancing (stay at least six feet apart at all times and no touching) and wear a mask at all times during performance. Failure to follow these protocols will result in disqualification. Cheerleading performance will take place on Tuesday, May 4 at 9:30am at the YMCA track.

Exceeding the time limit will result in automatic disqualification. Timing begins with the first note or the first movements visible to the audience and ends with the exit of the last performer from the

performance area or the final movement of your act.

Specific Category Requirements for SilverArts

A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Entries from ceramic molds will not be accepted.
- All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed entries can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5'(Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with State Finals Entry Form and SilverArts Information Form. Photos cannot be returned. (FOR STATE FINALS ONLY)
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

B. VISUAL ARTS

- All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Mixed media may be a freestanding piece.
- Photography film or digital determined by the medium on which the image is recorded.
- Freestanding entries must be able to be displayed in an area 3'(W) x 3' (L) x 5' (height).
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
- The art piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with State Finals Entry Form and SilverArts Information Form. Photos cannot be returned. (FOR STATE FINALS ONLY)
- The visual arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

C. Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10pt type (preferably "times new roman or arial"). Electronic entries must be in pdf format.
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- A display-quality copy of the winning Literary Arts entries, and two (2) additional copies, should be submitted to NCSG by the artist with their official State Finals Entry Form and SilverArts Information Form. No framed or matted entries will be accepted. (FOR STATE FINALS ONLY)
- The original and all copies will be retained by NCSG.
- The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

D. PERFORMING ARTS

- An artist may only have one (1) entry per size of act in each subcategory.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.
- Performing entries may be one of the following: (a) soloists, (b) small groups (2 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of Dec. 31st will be permitted on stage and an accompanist must be a registered participant.
- All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
- If recorded music is used, it must be an mp3 file (submitted electronically or on a flash drive) or a high quality CD. Music must be sent with the State Finals Entry Form and SilverArts Information Form. No recorded instruction is permitted. This should be the only track on the CD/flashdrive or electronic file. Music may be picked up following the performance. It cannot be mailed/returned.
- At State Finals, NCSG can provide the following items: chairs, microphone(s), piano and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, lightweight and easy to set up quickly.
- Voice presentations must be a live performance by the artist.
 Background music can be recorded. Lip-synch is not permitted as a performing art.
- The Group Leader, who must be a participant, must complete the SilverArts Information Form for the group and submit it with their State Finals Entry Form and each member of the group must submit their own personal State Finals Entry Form by the August 1st deadline.
- The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.
- No live animals are allowed, except for service animals.

2021 Schedule of Events

Friday, March 19

4:30 PM

Senior Games Registration Deadline

Tuesday, April 6

10:00 AM

Opening Ceremonies - Drive-in Event Shot Put, Long Jumps, Discus Davie County High School

Thursday, April 8

9:30 AM

Football Throw, Softball Throw, and Spincasting Carolina Bible Camp

Monday, April 12, Tuesday, April 13 & Thursday, April 15

9:30 AM

Bocce - Women

Davie County Community Park

Monday, April 19, Tuesday, April 20 &

Thursday, April 22

9:30 AM

Bocce - Men

Davie County Community Park

Monday, April 26

9:30 AM

Horseshoes - Men Cooleemee Recreation Center

Tuesday, April 27

9:30 AM

Horseshoes - Women Cooleemee Recreation Center

Thursday, April 29

9:30 AM

Basketball Shooting
Davie County Community Park

Monday, May 3

9:00 AM

Croquet - Women Shuffleboard - Women Bermuda Village

Tuesday, May 4

9:30 AM

Cheerleading Davie YMCA Track

Thursday, May 6

9:00 AM

Croquet - Men Shuffleboard - Men Bermuda Village

Monday, May 10

9:30 AM

Cornhole - Women
Davie County Community Park

Tuesday, May 11

9:30 AM

Cornhole - Men

Davie County Community Park

Monday, May 17

9:30 AM

Pickleball Singles

Davie County Community Park

Tuesday, May 18

9:30 AM

Pickleball Doubles

Davie County Community Park

Thursday, May 20

9:30 AM

Pickleball Mixed Doubles Davie County Community Park

Thursday, May 20

4:00 PM

Deadline for "On Your Own" Score Submission
Davie County Senior Services

Tuesday, May 25

1:00 PM - 2:00 PM

SilverArts, Literary Arts drop off

Davie County Senior Services

Tuesday, May 25

2:00 PM

Performing Arts Recordings Due

Thursday, May 27

Pick up any SilverArts entries by 3:00 PM

Thursday, June 3

12:30 PM

Closing Ceremonies and SilverArts Follies - Drive-in Event Davie County Senior Services

These events can be done on your own with a score turned in to Senior Services no later than 4:00pm, May 20:

5K Run, 10K Run, Archery, Bowling, Cycling, Funwalk, Golf, Mini Golf, Power Walking, Race Walk, Track & Field You may participate on your own at any time at any location. Scores may be turned in by dropping off at Senior Services, mailing to Senior Services, or emailing Carrie Miller at cmiller@daviecountync.gov

Due to Safety Precautions the following events will not be offered at Davie County Senior Games this year:

Badminton, Basketball Tournament, Billiards, Softball Tournament, Swimming, Table Tennis, Tennis